



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

For more information and to book health and community services please phone
Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Apollo Bay General Practice

We would like to thank everyone involved in assisting with the relocation of the medical centre from Pascoe Street to Otway Health.

As the medical centre settles into its new location, and the staff into Otway Health, we will continue to streamline our processes and work to improve the physical environment. As with all our services your input is always welcome.

A reminder that if you have an appointment please make your way to the main reception area of Otway Health and our friendly staff will assist you from there.

Patient car parking is available at Otway Health.
Enter via McLachlan Street.

All existing phone numbers are being diverted to our new medical centre number **03 5237 8595**.

For all the latest GP news and information, follow Apollo Bay General Practice on Facebook
[facebook.com/apollobaygp](https://www.facebook.com/apollobaygp)

Register as an Alerter with GoodSAM and get help quickly!

If you witness an emergency or need to get help quickly, there is now an app that you can download and use called GoodSAM.

This app allows you to press an EMERGENCY button which will activate emergency services and nearby GoodSAM Responders (registered health professionals who are trained in first aid).

Download the GoodSAM app from the App Store or Google Play and register now.

Visiting Dietician

Dieticians are experts on diet and nutrition and can help support you in managing chronic diseases and maintaining a healthy weight.

If you suffer from a chronic condition such as diabetes, heart disease or asthma, please contact our Reception Team to make an appointment.

VISITING AND SUPPORT SERVICES

Physiotherapy

Every Monday and Tuesday.

Please note that if you cancel your appointment with less than 24 hours notice you will be charged the full appointment fee.

Choice Podiatry

Monday 9th and Tuesday 10th July

To make an appointment phone: 1300 793 628

Eye Care 2 You Update

After providing quality optical services to our community for the past 10 years, we regretfully advise HealthCare2You (EyeCare2You) has determined they will no longer be able to service the Apollo Bay community.

Otway Health would like to take this opportunity to thank HealthCare2You for the provision of this crucial service over this time.

In coming weeks, Otway Health will be providing information on access to alternative optical services for our community members and Residents.

Listen to the latest Otway Health Check Podcast

Featuring Andrew Buchanan from the Apollo Bay and District Health Foundation discussing collaborative partnerships that help support our local community.

[otwayhealth.org.au/latest-news/podcasts](https://www.otwayhealth.org.au/latest-news/podcasts)

Subsidised Support Services Available

Otway Health offers a number of subsidised support services for eligible persons including Delivered Meals, Respite Care, Domestic Assistance and Personal Care.

If you or someone you know is in need of support, please contact our Reception Team to learn more.

STAY CONNECTED WITH OTWAY HEALTH Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / [@otwayhealthcomms](https://www.instagram.com/otwayhealthcomms)