



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

COMMUNITY FEEDBACK WANTED

Open Session - Allied Health Services
Thursday 30 August, 2.00pm
Marrar Woon Neighbourhood House

Otway Health would like to invite community members to meet with CEO, Kate Gillan, to discuss the Allied Health services that are provided at Otway Health. These services include physiotherapy, occupational therapy, podiatry, and social work.

Please come along and provide your ideas, comments, suggestions and feedback.

We also welcome your feedback via email - CAC.OH@swarh.vic.gov.au

VISITING AND SUPPORT SERVICES

Physiotherapist

Monday 27 August and Tuesday 28 August
To make an appointment phone: 5237 8500.

Exercise Physiologist

Monday 27 August
To make an appointment phone: 5237 8500.

Dietician

Wednesday 29 August
To make an appointment phone: 5237 8500.

Podiatrist

Friday 31 August
To make an appointment phone: 0400 592 425.

NEED TO SEE A GP?

Our Medical Centre is OPEN
Monday-Friday 9.00am – 5.30pm

To make an appointment phone: (03) 5237 8595
Online Bookings Coming Soon!

PATIENT PARKING IS AVAILABLE ON SITE

75 McLachlan Street, Apollo Bay via the entrance next to the Ambulance Station or to Urgent Care.

Skin Clinic Available at our Medical Centre
Thursday 6 and Friday 7 September

with Dr Katrina White

To make an appointment phone (03) 5237 8595.

Strength for Life Classes

Please note that due to the winter holiday break,
MONDAY Strength For Life Classes are now CANCELLED until October.

WEDNESDAY Strength For Life Classes

will continue, however there will be
NO WEDNESDAY CLASS on the following dates:
12 Sep, 19 Sep, and 24 Oct.

We apologise for any inconvenience.

Overdue for an eye test?

Otway Health will be sending a car to **Colac** on
Wednesday 12 September for community members to undergo an eye test with Otway Optical.

Join a small group of people and enjoy a day out in Colac having your eyes tested, and exploring the township, shops and cafes while you wait.

Meet at Otway Health main reception for pickup at 9.00am and leave Colac at 3.30pm for the return trip back to Otway Health.

Spaces are strictly limited.

Please phone (03) 5237 8500 to secure your spot!

Social Lunch Groups at Apollo Bay Hotel

DATES NOW CONFIRMED

Ladies Lunch - Friday 24 August

Men's Lunch - Monday 27 August

Bookings essential via Otway Health Reception.
Apologies for the error in last week's News Sheet.

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / @otwayhealthcomms

Download and listen to Otway Health's latest podcasts featuring Advanced Care Planning, Health Coaching and more - otwayhealth.org.au/latest-news/podcasts