



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

GP & URGENT CARE SERVICES AVAILABLE AT OTWAY HEALTH

Our Medical Centre is open
Monday-Friday 9.00am – 5.30pm

To make an appointment to see a GP
phone: (03) 5237 8595

Online bookings coming soon!

Urgent Care is available 24 hours per day,
7 days per week with a team of
health professionals able to provide
first line treatment and care.

Always dial 000 in an emergency.

PATIENT PARKING FOR GP & URGENT CARE IS AVAILABLE ON SITE

75 McLachlan Street, Apollo Bay via the entrance
next to the Ambulance Station or to Urgent Care.

Skin Clinic Available at our Medical Centre Thursday 6 and Friday 7 September

with Dr Katrina White

To make an appointment phone (03) 5237 8595.

Second Sails - NEW Trading Hours

From **Monday 3 September**, Second Sails
Winter trading hours will cease.

New trading hours from this date will be as follows:

Monday to Friday, 9.30am - 4.00pm

Saturday, 9.30am - 3.00pm

Exercise Class Cancellations

Please note that the following classes have been
cancelled due to hall unavailability.

Healthy Balance - Tuesday 9 October

Strength for Life - Wednesday 10 October

We apologise for any inconvenience.

Download and listen to Otway Health's podcasts
featuring the latest health and wellbeing information -
otwayhealth.org.au/latest-news/podcasts

VISITING AND SUPPORT SERVICES

Physiotherapist

Monday 3 September and Tuesday 4 September
To make an appointment phone: 5237 8500.

Exercise Physiologist

Monday 3 September
To make an appointment phone: 5237 8500.

Australian Hearing

Wednesday 5 September
To make an appointment phone: 5233 9100.

Overdue for an eye test?

Otway Health will be sending a car to **Colac** on
Wednesday 12 September for community
members to undergo an eye test with Otway Optical.

Join a small group of people and enjoy a day out in
Colac having your eyes tested, and exploring the
township, shops and cafes while you wait.

Meet at Otway Health main reception for pickup at
9.00am and leave Colac at 3.30pm for the return
trip back to Otway Health.

Spaces are strictly limited.

Please phone (03) 5237 8500 to secure your spot!

Ladies Social Lunch at Apollo Bay Hotel FRIDAY 31 AUGUST - DATE CONFIRMED

Apologies for the date mix up in last week's
News Sheet. Lunch is now confirmed for
Friday 31 August and we'd love you to come along
Bookings essential via Otway Health Reception.

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / @otwayhealthcomms