



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Laura Pengilley Wing Receives Significant Refurbishment Upgrade

Otway Health's residential aged care wing is scheduled to undergo a significant refurbishment in late 2018 made possible through the *Significant Facility Refurbishment 2015-2016 Initiative* provided by the Department of Health and Human Services, Ageing and Aged Care Branch.

The funding contribution received will be used to carry out works to our Laura Pengilley Wing (LPW) including new painting and carpeting to all residential rooms and hallways, and refurbishment of the kitchenette/dining space to provide a new café style kitchen.

Further updates on timings and project plans will be communicated as they are confirmed to ensure our residents, clients and community are informed of progress.

Main Reception, Centrelink Kiosk, Community Care Services and Medical Centre Public Holiday Closure - Friday 28 September

The main Reception, Centrelink Kiosk and Community Care Services at Otway Health, and Apollo Bay Medical Centre will be closed on Friday 28 September due to the AFL Grand Final Public Holiday.

Otway Health's Urgent Care Unit and Aged Care Facility will continue to operate 24 hours per day, 7 days per week. Meals-on-Wheels and Personal Care will continue to operate throughout this period.

Apollo Bay Medical Centre GP Availability

Dr Denise Ruth - Tuesdays, Wednesdays, Thursdays

Dr Dave Mullen - Wednesdays

Dr Aysha Rasul - Monday to Friday

Dr Josh Bye - some Mondays

To make an appointment phone (03) 5237 8595.

VISITING AND SUPPORT SERVICES

Physiotherapy

Monday 1 October and Tuesday 2 October
To make an appointment phone: 5237 8500.

Exercise Physiologist

Monday 1 October
To make an appointment phone: 5237 8500.

Podiatry

Friday 5 October
To make an appointment phone: 5237 8500.

Otway Health are registered to provide Government subsidised services designed to help you maintain independence and remain living safely at home.

We employ local, police checked and appropriately trained staff who can assist with tasks such as:

wound care, medication prompting, house work, showering or grooming assistance, escorted shopping, minor maintenance, delivered meals, exercise classes, physiotherapy, occupational therapy, assistance with meal preparation, respite in the home, access to one on one outings, access to group outings and activities, and volunteer transport to appointments.

We can assist you to become registered to access these and other services.

**Please call us on (03) 5237 8500
or email us at otwayhealth@swarh.vic.gov.au
for more information.**

Join our Friend in Hand Massage Program

We are currently looking for volunteers to join our Friend in Hand Massage Program. **Full training is provided.** Phone (03) 5237 8500 for more info.

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / [@otwayhealthcomms](https://www.facebook.com/otwayhealthcomms)