



## OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email [info@otwayhealth.org.au](mailto:info@otwayhealth.org.au)

### Laura Pengilley Wing Refurbishment now due to commence February 2019.

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To avoid Christmas holiday disruptions, refurbishment works to the Laura Pengilley Wing (LPW) at Otway Health have now been rescheduled to commence in February 2019.

Further updates on timings and project plans will be communicated as they are confirmed to ensure our residents, clients and community are informed of progress. We thank you for your patience in preparation of these works.

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#### Background

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Otway Health's residential aged care wing is scheduled to undergo a significant refurbishment made possible through the *Significant Facility Refurbishment 2015-2016 Initiative* provided by the Department of Health and Human Services, Ageing and Aged Care Branch.

The funding contribution received will be used to carry out works to our Laura Pengilley Wing (LPW) including new painting and carpeting to all residential rooms and hallways, and refurbishment of the kitchenette/dining space to provide a new café style kitchen.

### Apollo Bay Medical Centre Update

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Apollo Bay Medical Centre is planning for the summer by appointing an additional General Practitioner to meet the increase in activity demand. An additional consulting room has become operational which brings the Medical Centre capacity to 4 consulting rooms and a treatment room in addition to the Urgent Care Unit.

Long term planning continues with the Board intending to build a purpose-built Medical Centre to provide for ongoing growth in all primary care specialties including GP services, physiotherapy, dental etc.

The community is able to have input into Otway Health planning through the members of the Otway Health Community Advisory Committee (OHCAC).

Learn more about the OHCAC:  
[otwayhealth.org.au/about/ohcac/](http://otwayhealth.org.au/about/ohcac/)

### VISITING AND SUPPORT SERVICES

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#### Physiotherapy

Monday 29 October and Tuesday 30 October

To make an appointment phone: 5237 8500.

#### Exercise Physiologist, Campbell Craig

Monday 29 October

To make an appointment phone: 5237 8500.

#### Australian Hearing

Wednesday 31 October

To make an appointment phone: 5233 9100.

#### Dietician

Wednesday 31 October

To make an appointment phone: 5237 8500.

#### Podiatry

Friday 2 November

To make an appointment phone: 5237 8500.

### Strength For Life Classes

#### New time! Mondays 2.00pm - 3.00pm

Come and join in this class for FREE for a limited time. Children's playgroup are also welcome to join in!

Wednesdays 11.30am – 12.30pm (no change)

Please note that no class will be held on Wed 24 Oct.

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### Healthy Balance Classes

Tuesdays 11.30am - 12.30pm

with the option to stay afterwards until

1.00pm for a cuppa and BYO lunch.

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**All classes held at the Community Centre in Whelan Street.** An initial assessment by a physiotherapist is required before participating in these classes. Please phone Otway Health to arrange your assessment on (03) 5237 8500.

### STAY CONNECTED WITH OTWAY HEALTH

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#### Otway Health Community Advisory Committee

Email: [CAC.OH@swarh.vic.gov.au](mailto:CAC.OH@swarh.vic.gov.au)

#### Otway Health Board

Email: [otwayboard@swarh.vic.gov.au](mailto:otwayboard@swarh.vic.gov.au)

#### Otway Health Website & Social Media

[www.otwayhealth.org.au](http://www.otwayhealth.org.au) / @otwayhealthcomms