



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

Tea Talks: Building a Stronger Health Service



Over the past 18 months, the Otway Health and Lorne Community Hospital Boards have been exploring our ability to share resources, to ensure the long term success and viability of our existing health care services. We also have some staff sharing roles, and shared staff training.

This exploration has identified additional opportunities for a sustainable health service along the Great Ocean Road and as a result, Otway Health and Lorne Community Hospital are planning to seek approval from the Minister for Health to combine operations under a single entity.

The joint proposal of the two Boards to combine the health services of Otway Health and Lorne Community Hospital will ensure the provision of improved service delivery and greater access to care for local communities, still close to home.

We welcome your feedback and invite you to engage in direct discussions via small group 'tea talks' with the CEO and Board members. In addition, regular information updates will be published via local newspapers and newsletters, Otway Health and Lorne Community Hospital websites, mail-outs and social media platforms.

**To register your interest to attend a 45-minute Tea Talk session, or if you have any questions, please contact: Otway Health
Phone: (03) 5237 8502
Email: CAC.OH@swarh.vic.gov.au**

Exercise Classes Commence in 2019

Healthy Balance Tuesday 29th Jan

Strength For Life Wednesday 30th Jan

Strength For Life Monday 4th Feb

Listen to the latest Otway Health Check Podcast on Summer Health & Helping Hands

Hear Sue Natt and Meloney Howell chat about volunteering at Otway Health. Clinical Services Director, Andrea Russell then talks about Otway Health's preparation for summer.

**otwayhealth.org.au/latest-news/podcasts
apollobaymedicalcentre.org.au**

VISITING AND SUPPORT SERVICES

Physiotherapy

Monday 17 and Tuesday 18 December

Exercise Physiologist, Campbell Craig

Monday 17 December

Podiatry

Friday 21 December

To make an appointment call: 5237 8500

Australian Hearing

Wednesday 19 December

To make an appointment call: 5233 9100

In-Home Care Services

Did you know that Otway Health can assist you with navigating care services from National Disability Insurance Scheme (NDIS), the Commonwealth Home Support Program (CHSP), Home Care Packages (HCP), Veteran's Home Care, Veteran's Nursing & My Aged Care (MAC)?

Let us take the mystery out of the different services for you. Please call us on 5237 8500 or email us at otwayhealth@swarh.vic.gov.au for more information.

SATURDAY CLINICS

Saturday clinics at the Apollo Bay Medical Centre have been welcomed by the community and are booking well. We will continue to provide as many Saturday clinics over summer as we are able.

The next Saturday clinic is 15 December 10am – 1pm with Dr Aysha

Upcoming clinic dates include;

29th Dec, 5th & 12th Jan – 10am-1pm

Book in by calling 5237 8595

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / @otwayhealthcomms