



OTWAY HEALTH NEWS

In the event of an emergency please call 000.

Our Urgent Care Unit operates 24 hours per day / 7 days per week.

Location: 75 McLachlan Street, Apollo Bay

For more information and to book health and community services please phone

Otway Health Reception: (03) 5237 8500 or email info@otwayhealth.org.au

THE LAWLESS SCHOLARSHIP

The Lawless Scholarship was commissioned by the Board of Otway Health in November of this year. The scholarship is formal acknowledgment and recognition of the distinguished service and commitment to the health outcomes of the Apollo Bay and district communities, demonstrated by General Practitioners - Dr James (Jim) Lawless and Dr Margaret (Meg) Lawless.

The Lawless scholarship is awarded on merit, to a health practitioner, associated with Otway Health, who demonstrates continued commitment to the health outcomes of our community. The scholarship is to be awarded annually at the Annual General Meeting of Otway Health. The inaugural award was presented to Dr Denise Ruth, recognising her commitment to health services in Apollo Bay.

APOLLO BAY MEDICAL CENTRE

Festive Trading Hours

Dec 25 & 26: Closed

Jan 1: Closed

Jan 26 & 28: Closed



Regular Trading Hours

Mon to Fri: 9am — 5:30pm

Saturday: see "Saturday Clinics" post (below)

Sunday: Closed

SATURDAY CLINICS

Saturday clinics at the Apollo Bay Medical Centre have been welcomed by the community and are booking well. We will continue to provide as many Saturday clinics over summer as we are able.

The next Saturday clinic is 29 December 10am – 1pm with Dr Aysha

Upcoming clinic dates include;

5th & 12th Jan: 10am — 1pm

Book in by calling 5237 8595

SECOND SAILS



A special thank-you to the team at Second Sails for their hard-work and support this year!

VISITING & SUPPORT SERVICES

Physiotherapy

Monday 24 December

Exercise Physiologist, Campbell Craig

Monday 24 December

Podiatry

Friday 28 December

To make an appointment call: 5237 8500

Additional Visiting & Support Services

Commencing 2019

Physiotherapy with Jewel

Commencing Thu 3 Jan 2019

Available all day Mon, Tue & every 2nd Thu: 8.30am – 12.30pm

Dietetics with Ali Patterson

Commencing Fri 25 Jan 2019

Available every 2nd Fri from 8.30am – 12.30pm

We are happy to welcome Ali to Otway Health. Ali comes to us with a strong background in sports dietetics and is looking forward to working with the divergent needs of our community.

Please call Otway Health reception on 5237 8500 for appointments.

Exercise Classes Commence in 2019

Healthy Balance Tuesday 29th Jan

Strength For Life Wednesday 30th Jan

Strength For Life Monday 4th Feb

Men's & Ladies' Lunch 2019

Combined First Lunch: Friday 25th Jan

STAY CONNECTED WITH OTWAY HEALTH

Otway Health Community Advisory Committee

Email: CAC.OH@swarh.vic.gov.au

Otway Health Board

Email: otwayboard@swarh.vic.gov.au

Otway Health Website & Social Media

www.otwayhealth.org.au / @otwayhealthcomms